

AOTrauma Course—Fragility Fractures and Orthogeriatrics

22 Oct 2015 - 23 Oct 2015, Tallinn, Estonia

Thursday, 22 Oct 2015 (Day 1)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
09:00	09:30	Other REGISTRATION AND WELCOME COFFEE		Sokos Hotel Viru, Bolero venue	30
09:30	12:25	Module 1: „The Geriatric Patient and Fracture“			175
09:30	09:50	Lecture The Morbidity and mortality of geriatric fractures		Bolero venue	20
09:50	10:10	Lecture Physiology of aging. How does the geriatric patient differ?		Bolero venue	20
10:10	10:30	Lecture Medical diagnosis of osteoporosis. Treatment of osteoporosis in the fracture patient. What should the orthopaedist know?		Bolero venue	20
10:30	10:50	Lecture Management of co-morbidities in the geriatric patient		Bolero venue	20
10:50	11:10	Lecture Timing of geriatric fracture surgery: the Anesthesia perspective		Bolero venue	20
11:10	11:25	COFFEE BREAK			15
11:25	11:30	Movement to the group discussion room			5
11:30	12:25	Discussion Small group discussion		Group 1 - Bolero Group 2 - Andante 1 Group 3 - Forte Group 4 - Andante 2	55
12:25	14:10	Module 2: Orthopaedic Considerations of Osteoporotic Bone		Bolero venue	105

AOTrauma Course—Fragility Fractures and Orthogeriatrics

22 Oct 2015 - 23 Oct 2015, Tallinn, Estonia

Thursday, 22 Oct 2015 (Day 1)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
12:25	12:30	Movement to the Bolero room			5
12:30	12:50	Lecture Biology and biomechanics of osteoporotic bone		Bolero venue	20
12:50	13:10	Lecture Modern Implants and their role in fixation in osteoporotic bone - What is important?		Bolero venue	20
13:10	14:05	LUNCH		Sokos Viru Hotel, Merineitsi	55
14:05	14:10	Movement to Bolero venue			5
14:10	16:10	Module 3: Upper extremity Fractures		Bolero venue	120
14:10	14:30	Debate Debates: Proximal humerus fractures: The morden approach		Bolero venue	20
14:30	14:50	Lecture Distal humerus fractures		Bolero venue	20
14:50	15:10	Lecture Distal radius fractures in osteoporotic bone		Bolero venue	20
15:10	15:15	Movement to the discussion rooms			5
15:15	16:10	Discussion Small group discussion		Group 1 - Bolero Group 2 - Andante 1 Group 3 - Forte Group 4 - Andante 2	55
16:10	16:25	COFFEE BREAK			15
16:25	18:00	Module 4: Spine and Pelvis		Bolero venue	95

AOTrauma Course—Fragility Fractures and Orthogeriatrics

22 Oct 2015 - 23 Oct 2015, Tallinn, Estonia

Thursday, 22 Oct 2015 (Day 1)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
16:25	16:30	Movement to the Bolero venue			5
16:30	16:50	Lecture Overview of osteoporotic spine fractures. Kyphoplasty vs vertebroplasty. When to treat.		Bolero venue	20
16:50	17:10	Lecture The elderly polytrauma patient. How do they differ in the geriatric patient?		Bolero venue	20
17:10	17:30	Lecture Pelvic and acetabular fractures in the geriatric patient		Bolero venue	20
17:30	18:00	Closing remarks Summary of Day 1		Bolero venue	30

AOTrauma Course—Fragility Fractures and Orthogeriatrics

22 Oct 2015 - 23 Oct 2015, Tallinn, Estonia

Friday, 23 Oct 2015 (Day 2)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
08:00	08:20	Lecture Consensus Lecture: Principles of co-managed care of the geriatric patient - what does this consist of?		Bolero venue	20
08:20	11:45	Module 5: Lower Limb		Bolero venue	205
08:20	08:40	Lecture Intra-Capsular femoral neck fractures: Internal fixation vs arthroplasty.		Bolero venue	20
08:40	09:00	Lecture Petrochanteric fractures: Cephalomedullary nail alone and when to augment.		Bolero venue	20
09:00	09:20	Lecture Atypical femur fractures: What are they, how to recognize them, how to treat them.		Bolero venue	20
09:20	09:40	Lecture Distal femur fractures: Plate vs medullary fixation?		Bolero venue	20
09:40	10:00	Lecture Proximal tibial fractures in elderly		Bolero venue	20
10:00	10:20	Lecture Geriatric patient and ankle fracture		Bolero venue	20
10:20	10:35	COFFEE BREAK			15
10:35	10:40	Movement to the discussion rooms			5
10:40	11:40	Discussion Small group discussion		Group 1 - Bolero Group 2 - Andante 1 Group 3 - Forte Group 4 - Andante 2	60

AOTrauma Course—Fragility Fractures and Orthogeriatrics

22 Oct 2015 - 23 Oct 2015, Tallinn, Estonia

Friday, 23 Oct 2015 (Day 2)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
11:40	11:45	Movement to the Bolero venue			5
11:45	14:40	Module 6: Periprosthetic Fractures			175
11:45	12:05	Lecture Classification and principles of care of periprosthetic fractures		Bolero venue	20
12:05	12:25	Lecture Case based presentation of Hip and Knee periprosthetic fractures		Bolero venue	20
12:25	13:25	LUNCH		Sokos Viru Hotel, Merineitsi	60
13:25	13:30	Movement to the discussion rooms			5
13:30	14:35	Discussion Small group discussion		Group 1 - Bolero Group 2 - Andante 1 Group 3 - Forte Group 4 - Andante 2	65
14:35	14:40	Movement to the Bolero venue			5
14:40	17:00	Module 7: Aftercare of the orthogeriatric patient			140
14:40	15:00	Lecture Fracture rehabilitation in the elderly		Bolero venue	20
15:00	15:20	Lecture Role of the DEXA Scan: Who should get one and what does it tell you?		Bolero venue	20

AOTrauma Course—Fragility Fractures and Orthogeriatrics

22 Oct 2015 - 23 Oct 2015, Tallinn, Estonia

Friday, 23 Oct 2015 (Day 2)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
15:20	16:20	Discussion Panel discussion: How to start to develop a co-comanaged care program in your practice and hospital?		Bolero venue	60
16:20	16:40	Lecture Commitment to change:		Bolero venue	20
16:40	17:00	Closing remarks Summary of Day 2 and Closing remarks		Bolero venue	20