

## AOTrauma Symposium

### Elbow Seminar

6. February 2015 8.45-16.00

Palace Hotell, Mühlberg

<b>A. Distal humerus</b>		<b>1 h 50 min</b>	<b>Moderator:</b>
Welcome	5	8:55–9:00	Meelis Sula
Surgical anatomy of elbow joint, ligaments and joint stability	15	9:00-9:15	Carl Ekholm
Approaches to distal humerus	20	9:15-9:35	Alo Kullerkann
Fixation of C3 distal humeral fractures: ORIF vs arthroplasty	15	9:35-9:50	Niels Schep
Arthroplasty after fracture	15	9:50-10:05	Carl Ekholm
Capitellum fractures	15	10:05-10:20	Kristo Kask
<b>Coffee break</b>	<b>30</b>	<b>10:20-10:50</b>	
<b>B. Complex fractures around the elbow</b>		<b>1 h 20 min</b>	
Approaches to proximal ulna /radius	20	10.50-11:10	Alo Kullerkann
Radial head fracture: when should we operate, fix or replace	20	11:10-11:30	Carl Ekholm
Complex fractures of proximal ulnae	20	11:30-11:50	Carl Ekholm
Management algorithm for terrible triad	20	11:50-12:10	Niels Schep
<b>Coffee break</b>	<b>30</b>	<b>12:10-12:40</b>	
Essex- Lopresti Injuries	15	12:40-12:55	Niels Schep
Fracture and external fixator	15	12:55-13:10	Niels Schep
Case discussion	40	13:10- 13:50	Andrey Smirnov
<b>Coffee break</b>	<b>20</b>	<b>13:50-14:10</b>	
<b>C. Elbow dislocation/ Elbow stiffness</b>		<b>1 h 30 min</b>	
Elbow dislocation, when we should operate ( acute instability )	20	14:10-14:30	Meelis Sula
Stiffness of the elbow /surgical management	20	14:30-14:50	
Rehabilitation after elbow trauma	15	14:50-15:10	Taavi Metsma
Discussion/case discussion	15	15:10-15:30	
Final remarks			

**Chairperson:**



**Meelis Sula** – North Estonia Medical Centre – Estonia

**Faculty International:**



**Karl Ekholm**

M.D., Ph.D., Associate Professor Dept.  
Orthopaedics Sahlgrens university Hospital -  
Sweden



**Niels Schep**

Traumasurgeon, Surgery,  
Academic Medical Center –  
Netherlands

**Faculty Local:**

**Alo Kullerkann** – East-Tallinn Central Hospital - Estonia

**Andrey Smirnov** – East-Tallinn Central Hospital – Estonia

**Kristo Kask** – North Estonia Medical Centre – Estonia

**Taavi Metsma** - North Estonia Medical Centre – Estonia

**We look forward to your participation in this event!**

**Registration**

Register at [www.aotrauma.org](http://www.aotrauma.org) or by email [heli.teder@syntrade.fi](mailto:heli.teder@syntrade.fi). Registration is open.

*Last day for registration is **26.January 2014 or until there are vacancies.***

**Course fee**

**Participation in the symposium is confirmed based the timely made payment to the bank account of Eesti AO Alumni**

**Selts ( AOTrauma Estonia ) – 221028579224 or IBAN: EE452200221028579224**

Residents - 15€, Members of Eesti AO Alumni Seltsi and ETOS - 15€, Non Members - 30€.

**Please note on the payment explanation “ Elbow Seminar”**

**MTÜ EESTI AO ALUMNI SELTS**

SWIFT/BIC: HABAE2X

a/a:221028579224

IBAN:EE452200221028579224